Christian Schools Sports Association

Primary State Athletics Carnival

Blacktown International Sports Park
Athletics Centre

Friday 23 August 2024

CSSA website: www.cssa.net.au

CSSA OFFICIALS

President	
Executive Officer	Linda Heslehurst
Email	linda@cssa.nsw.edu.au
Website	www.cssa.net.au
Carnival Convenor	Gemma West

SCHOOLS COMPETING

Far West Brewarrina CS, Burrabadine CCS, Deniliquin CS, Dubbo CS, Namoi Valley CS Narromine CS, Orange CS, Parkes CS, Verity College, Wagga Wagga CC, Wellington CS

Hunter Arise CC, ACC – Singleton**,** Belmont CC, Brightwaters CC, Carinya CS - Gunnedah Carinya CS Tamworth, Charlton CC, Coast CS, Green Point CC, Hunter CS Liberty CC, Maitland CS, Midcoast CC, Pacific Brook CS, Wyong CCS

Nepean Bethel CS, Mamre AS, Mountains CC, Nepean CS, Penrith CS Richard Johnson AS, The Lakes CC, Wycliffe Hope School, Wycliffe CS

North Coast Casino CCS, Coffs Harbour Bible Church School, Coffs Harbour CCS Heritage CCS, Hinterland CS, Moree CCS, Nambucca Valley CS, Pacific Coast CS, Pacific Hope School, Pacific Gulgangali Jarjums CS, Pacific Valley CCS, Port Macquarie AS, Richmond CC, St Andrew's CS Summerland CC, Valley Hope School

North Met Covenant CS, New Hope CS, Northcross CS, Nth Beaches CS Oxford Falls Grammar, Pacific Berowra CS, Pacific Hills CS

South Coast Cedars CC, Illawarra CS, Calderwood CS, Nowra CS, Snowy Mountains CS Sth Highlands CS

South Met Condell Park CS, Greenacre CCS, Hopepoint CS, Hurstville APS, Inaburra Leppington AC, Macarthur AC, Mt Annan CC, Oran Park AC, Regents Park CS St George CS, Shire CS, Southern Cross Baptist CCS, William Carey CS

West Met ACC – Marsden Park, Ebenezer CC, Kuyper CS, Mt View AC, Norwest CC, St Hurmizd APS, Toongabbie CC, Tyndale CS, Westmead CGS

CARNIVAL ORGANISATION

Schools are expected to provide adequate supervision for their own students throughout the whole day. This venue has many areas for students to get lost in or misbehave, so every effort must be made to ensure that students remain in their stand area. Students must not be in the vicinity of the main administration/recording room.

Teachers responsible for the supervision of student spectators at the State Carnival CAN NOT act as carnival officials at the same time.

There will be a canteen open throughout the day operated by the Athletics Centre.

Schools are responsible to ensure that their students know which event they are in and that they are dressed according to the rules of the CSSA Handbook.

Please ensure that you have a copy of the current CSSA Handbook which can be downloaded from the CSSA website : www.cssa.net.au

Schools are responsible to ensure that their students know the CSSA Code of Conduct and Disputes & Discipline Policy.

Students must not go onto the grassed area inside the track for any reason. Students found breaching this rule may be disqualified from the carnival by the Carnival Referee.

Grandstand Zone Seating 2024

Seating	Zone
Upper Section 7	Far West
Lower Section 7	North Coast
Section 8	South Coast
Section 9	Hunter
Section 10	Nepean
Section 11	West Met
Section 12	Nth Met
Section 13	South Met

Track

PRMARY STATE ATHLETICS OFFICIALS 2024

Carnival Referee	CSSA Official: Gemma West
Announcer	CSSA Official

Track Officials

Track Referee	**NSW Athletics**
Chief Timekeeper (Multi timer)	**NSW Athletics**
Chief Track Judge	**NSW Athletics**
Track Judges	St George CS + one student runner
	Illawarra CS/Sth Highlands CS
Electronic Gates	**John & Belinda McFadden**
Meet Manager	**SDS Helen Wood + 1 assistant**
Check & Post Results	Oran Park AC
Chief Marshaller	CSSA Official: Gordon Bromhead
Marshal	Tyndale CS + one student runner
Assistant Marshal	Mamre AS + one student runner
Starter	**NSW Athletics** – Ron Richter
Check Starter	Penrith CS
First Aid	Complete Dynamics
Clothing Sales	CSSA Officials x 2
Multiclass Official	CSSA Official: Carolyn Sparkes

Field Officials — **NSW Athletics Jump Official**

Long Jump	**1**.	Boys	William Carey + 1 student / Mt Annan + 1 student
	2.	Girls	Oxford Falls **+** 1 student / Maitland CS + 1 student
High Jump	**1**.	Boys	Nth Beaches + 1 student / Pacific Hills + 1 student
	2.	Girls	RJAS + 1 student / Norwest CC + 1 student

NSW Athletics Throw Official

Shot Put	**1.**	Boys	Shire CS + 1 student / Calderwood + 1 student
Shot Put	**2**.	Girls	Wycliffe CS + 1 student / Covenant CS + 1 student
Discus	**1.**	Boys	Belmont CC + 1 student / Green Pt + 1 student
	2.	Girls	ACC Marsden Park + 1 student / Nepean CS + 1 student

Relays

Change 1 (Teachers)**:** William Carey CS, Mt Annan CC + Belmont CC
Change 2 (Teachers)**:** Nth Beaches CS, Pacific Hills CS + Calderwood CS
Change 3 (Teachers)**:** Shire CS, Oran Park AC + ACC Marsden Park

Program of Events

Please ensure that your students arrive on time for the first event at 9am as the carnival will not be held up for late competitors

Times indicated in the program are a guideline only and are in no way binding

TIME	GIRLS			BOYS		
	8 - 10yrs (Junior)	**11yrs**	**12yrs+**	**8 - 10yrs** (Junior)	**11yrs**	**12yrs+**
9.00am	**800m** Junior, 11, 12/13yrs + Open 800m Multiclass			**Discus** **+** Open Discus Multiclass	**Long Jump**	**Shot Put**
9.30am	**Discus** **+** Open Discus Multiclass	**Long Jump**	**Shot Put**	**800m** Junior, 11, 12/13yrs + Open 800m Multiclass		
10.00am	**100m** 8&u, 9, 10, 11, 12/13yrs + Open 100m Multiclass			**Long Jump** **+** Open LJ Para-Athlete	**Shot Put**	**High Jump**
10.30am	**Long Jump** **+** Open LJ Multiclass	**Shot Put**	**High Jump**	**100m** 8&u, 9, 10, 11, 12/13yrs + Open 100m **Multiclass**		
11.00am	**200m** 8&u, 9, 10, 11, 12/13yrs + Open 200m Multiclass			**Shot Put** **+** Open SP Multiclass	**High Jump**	**Discus**
11.30am	**Shot Put** **+** Open SP Multiclass	**High Jump**	**Discus**	**200m** 8&u, 9, 10, 11, 12/13yrs + Open 200m Multiclass		
12.00pm				**High Jump**	**Discus**	**Long Jump**
12.30pm	**High Jump**	**Discus**	**Long Jump**			
1.00pm	**1500m:** Jnr 8-10yrs, 11yrs, 12+yrs					
1.45pm	**Junior & Senior Relays**					
2.15pm	**Clean up and Close**					

COMPETITION RULES

1. I.A.A.F Rules apply.

2. Students **MUST** compete in their age group for all events (including relays)

3. A students age is determined by the age he/she turns this year ie. by 31st December 2024
   For the Primary Carnival, 'Junior' events are for 10 years and under.

4. Primary Age championship points will be awarded from all events except relays

5. Each Zone may enter in each age group:
   Track Events: **3 competitors per event**
   Field Events: **3 competitors per event** ** 3rd place must achieve qualifying distance/height*
   Relays: **3 school based teams**

6. Officials, teachers and competitors are **only** allowed inside the track area.
   Competitors must leave as soon as their event is finished.
   Students MUST NOT cross the infield at any time

7. Times indicated in the program are a guideline only and are in no way binding.

8. Athletes should report immediately marshaling calls are made. If a track event coincides with a competitors field event(s), they should report to the field event officials and have his/her name recorded and then proceed to the track event. Field events will not wait for absent athletes.

9. Students must compete in their allocated lanes.

10. **Starting:**
    a) Use of blocks is optional in 100m, 200m & 400m events.
    b) Method : Events up to & including 400m – ***On your Marks, Set, Gun***
    Events 800m and over– ***On your Marks, Gun***
    c) False starts: the competitor responsible for causing the false start will be warned for a first breach, disqualified for their second breach.

11. **Place getters**
    Competitors must return to the finish line in their respective lanes and remain until places are allocated.

12. **Track/Field Events**
    Athletes are responsible for knowing which events they have nominated to compete in at the carnival and if there will be a clash between a track & field event. At the commencement of a field event athletes are to inform the official that they need to compete in a track event in the next 30minutes. Athletes that need to go to a track event must stay at the field event as long as possible and must notify the official before they leave so that they can have their next jump to ensure the flow of the competition. On completion of their track event the athlete must return immediately to the field event, notify the official and rejoin the competition. High Jump - the bar WILL NOT be lowered on an athletes return if it has been raised whilst competing at a track event.

13. **High Jump Wet Weather Procedure**
    If conditions are ruled unsafe by the Carnival Referee due to water on the take-off area, students will only be able to compete if they are wearing spikes.

14. **Spikes**:
- 9yrs & under **CANNOT** wear spikes in any events.
- 10yrs-12/13yrs may wear spikes in:
  - Laned track events ie. 100m, 200m & 4x100m relay with a maximum spike length of 7mm
  - Long Jump and High Jump with a maximum spike length of 9mm

15. Dress Code:
- **Shoes** must be worn in all events for safety.
- Students will not be permitted to compete in the carnival unless they are in proper **school/zone sports uniform**.
- Bicycle pants/skins may be worn only if they are approved by their school and are the same colour as their sports uniform or black or navy.
- **Compression clothing** may be worn ONLY if they are approved by their school and are the same colour as their sports uniform or black or navy.
- Students must compete in uniforms which are modest. One piece or two piece running suits, similar to swimming costume design, are not permitted.
- Competitors must start & finish an event in the correct attire.
- At no time are competitors allowed to discard clothing throughout an event.

16. **Protests:** Protests can be made to the Carnival Referee by the team manager within 30 minutes of the conclusion of the event. The Referee's decision in all cases is final.

17. **Accidents:** Should an accident occur, the teacher in charge of the event is to fill in an accident form, obtainable from the First Aid room. The injured athlete should report to the First Aid Officer at the ground which is near the finish line.

ZONE POINTS SCORE 2023	
Hunter	583 pts
North Met	565 pts
South Met	433 pts
Nepean	399 pts
West Met	347 pts
South Coast	284 pts
Far West	200 pts
North Coast	162 pts

AGE CHAMPIONS 2023		
8yrs Girls	Faith Adelaja	St George CS
8yrs Boys	Lucas Vastag	Oran Park AC
9yrs Girls	Claudia MacInnes	Narromine CS
9yrs Boys	Zac Watson	Wycliffe CS
10yrs Girls	Genevieve Dunnet	Oxford Falls
10yrs Boys	= Samson Baltyn = Corlu Nienaber	Cedars CC Maitland CS
11yrs Girls	Justice Sugumaran	Toongabbie
11yrs Boys	Josiah Skinner	Wycliffe CS
12/13yrs Girls	Mya Terbeeke	Belmont CC
12/13yrs Boys	= John Gareth = Lucas Locke	Wycliffe CS Nth Beaches CS
Open Para-Athlete Girl	Isabelle O'keefe	Maitland CS
Open Para-Athlete Boy	Jeremiah Middleton	Covenant CS

GIRLS' RECORDS - AS AT 2023

100m

8yr	Cayla Phillips	Nth Beaches	2013	14.73	
9yr	Emily Crawford	Pacific Hills	2014	14.55	
10yr	Cayla Phillips	Nth Beaches	2015	13.95	
11yr	L.Feeney	Nepean	2000	13.53	
12+yr	Ra. Junor	Penrith	1995	13.16	
Open Multiclass	Isabella Weir TF37	Nth Beaches	2018	17.74	*83.82%*

200

8yr	Cayla Phillips	Nth Beaches	2013	31.14	
9yr	Emily Crawford	Pacific Hills	2014	30.79	
10yr	Cayla Phillips	Nth Beaches	2015	29.17	
11yr	Emily Crawford	Pacific Hills	2016	27.77	
12+yr	Ra. Junor	Penrith	1995	26.73	
Open Multiclass	Holly Saunders TF44	Nth Beaches	2015	42.22	*74.49%*

800m

Jnr	Re. Junor	Penrith	1995	2:36.95	
11yr	Re. Junor	Penrith	1996	2.34.31	
12+yrs	Cassandra Fayers	Maitland	2015	2:21.52	
Open Multiclass	Abbie Peet TF38	Carinya Tamworth	2019	3:38.89	*81.49%*

1500m

Jnr	Hallie Owers	Nth Beaches	2022	5:38.47
11yrs	Hallie Owers	Nth Beaches	2023	5:19.32
12+yrs	Cassandra Fayers	Maitland	2015	4:49.45

Long Jump

Jnr	E. Carter	Berowra	1994	4.15	
11yr	Lily Cains	Maitland	2011	4.65	
12+yrs	K. Johnston	John Wycliffe	1990	4.82	
Open Multiclass	Holly Saunders TF44	Nth Beaches	2015	2.19.	*77.38%*

High Jump

Jnr	S. Gardiner	Wollongong	1995	1.35
11yr	Nina Marshall	Rouse Hill	2016	1.41
12+yrs	Nicola McDermott	Green Pt	2008	1.48

Shot Put

Jnr	A. Ismail	Mamre	1986	9.57	
11yr	Amy Barton	Dubbo	2019	11.23	
12+yrs	Teale Vella	William Carey	2009	10.62	
Open Multiclass	Holly Saunders TF44	Nth Beaches	2015	5.28	*72.77%*

Discus

Jnr	Fiorella Collins	ACC Marsden Park	2019	31.04	
11yr	Tiana Hazlewood	Berowra	2010	29.66	
12+yrs	Teale Vella	William Carey	2009	33.05	
Open Multiclass	Olivia Earl TF20	Carinya CS Tamworth	2022	25.77	59.06%

4x100m Relay

Jnr	Nth Beaches	2013	1:01.21
Snr	Belmont CC	2023	57.00

BOYS' RECORDS - AS AT 2023

100m

8yr	B.Koomson	Tyndale	2000	14.42	
9yr	B.Koomson	Tyndale	2001	14.00	
10yr	Phillip Baker	Mamre	2012	13.44	
11yr	M. Lau	St Philips	1989	12.92	
12+yr	Paul Kadwell	ICS - Tongarra	2005	12.83	
Open Multiclass	Finlay Bragg TF37	Nth Beaches	2018	17.00	*76.06%*

200m

8yr	Frankleen Newah-Jarfoi	Wagga Wagga	2013	31.36	
9yr	C. Stanton	Illawarra	1995	30.00	
10yr	Phillip Baker	Mamre	2012	28.31	
11yr	Frankleen Newah-Jarfoi	Wagga Wagga	2016	27.21	
12+yr	James Paek	Nth Beaches	2007	26.66	
Open Multiclass	Beau Matthews TF38	Inaburra	2019	36.49	*65.77%*

800m

Jnr	Harry Stewart	Pacific Hills	2005	2:30.87	
11yr	Jesiah Low	Inaburra	2018	2.26.84	
12+yrs	Nathan Longster	Nth Beaches	2022	2:17.46	
Open Multiclass	Finlay Bragg TF37	Nth Beaches	2017	3:32.60	*68.13%*

1500m

Jnr	Nathan Gong	Northcross	2023	5:29.09
11yrs	Malachi Chown	Wyong	2023	5:13.96
12+yrs	Nathan Longster	Nth Beaches	2022	4:52.40

Long Jump

Jnr	Phillip Baker	Mamre	2012	4.44	
11yr	Josiah Skinner	Wycliffe	2023	4.73	
12+yrs	A. Harvey	John Wycliffe	1989	4.87	
Open Multiclass	Finlay Bragg TF37	Nth Beaches	2018	2.99	*54.66%*

High Jump

Jnr		T. Cotton	Oxford Falls	1996	1.40
11yr	=	Marcus Alcock	Oxford Falls	2006	1.48
	=	Flynn Huisman	Cedars	2015	1.48
12+yrs		Braden Egan	Sth Highlands	2015	1.62

Shot Put

Jnr	Curtis Vella	William Carey	2003	10.55	
11yr	Brice Starr-Stephens	Penrith	2009	12.33	
12+yrs	A. Tee	Greenacre	1996	12.65	
Open Multiclass	Beau Matthews TF38	Inaburra	2019	6.03	*44.89%*

Discus

Jnr	Thomas Yongal	Wagga Wagga	2015	32.76	
11yr	Elijah Pallister	Northcross	2019	33.07	
12+yrs	Michael Taylor	William Carey	2007	32.84	
Open Multiclass	Benjamin Kumar TF20	William Carey	2015	18.44	*46.65%*

4x100m Relay

Jnr	William Carey	1997	59.77
Snr	Green Point	1998	55.61

PERSONAL EVENT RECORDS

Name: ……

EVENT:…… PLACE:…… TIME/DISTANCE: …… SIGNATURE: ……	EVENT:…… PLACE:…… TIME/DISTANCE: …… SIGNATURE: ……
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