



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Secondary State Athletics Carnival 2024

Thursday 29 August 2024

Sydney Olympic Park Athletics Centre (SOPAC) – Homebush Bay

Zone Convenor Information

1. Closing date for Zone Entries – Thursday 22 August 2024 - Meet Manager Format

Entries must be emailed to Linda Heslehurst: CSSA Executive Officer

linda@cssa.nsw.edu.au

2. Closing date for changes to zone team by email - Monday 26 August 2024

linda@cssa.nsw.edu.au

If you have any other changes to your zone team on the day of the carnival please send them directly to the recording room as soon as you arrive.

Information for all Secondary Sports Coordinators

3. Entry Fee

The cost for all student competitors is:

\$15.00 inc GST per competitor

Schools will be invoiced at the end of Term 3 CSSA Sports Account T3 2024
based on competitor entries as of Monday 26 August 2024

Note: Late withdrawals AFTER this date WILL BE charged the entry fee

Parent / Spectators Entry: Free

4. School Job Allocations

Please check what job your school has been allocated and ensure that the person selected to perform the job knows exactly what is expected. **If any school is unable to do a job please inform your zone convenor as it will need to be covered by your zone.**

**Teachers responsible for the supervision of student spectators at the State Carnival
CAN NOT act as carnival officials at the same time.**

If your job requires a student helper it is expected that your school will provide that student.

Parents can be appointed by the school to be officials provided they have a WWCC and are aware of the CSSA Child Safety Policy & CSSA Code of Conduct

5. Spikes + Starting Blocks – *SOPAC ruling*

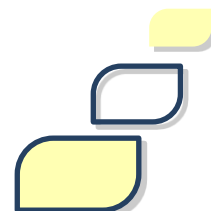
Competitors **MUST** use starting blocks if they are wearing spikes in the 100m & 200m track events

All school officials must provide their own food & drink

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SECONDARY STATE ATHLETICS OFFICIALS 2024

Carnival Referee
Announcer

CSSA Official: Daniel Nixon
CSSA Official: Gemma West

Track Officials

Track Referee
Chief Timekeeper (multi-timer)
Chief Track Judge
Chief Track Coordinator

NSW Athletics
NSW Athletics
NSW Athletics
CSSA Official: Gordon Bromhead

Finish Line

Mt View AC + Wahroonga AS

Photo Finish

SDS Team (3)

Marshals
Assistant Marshal

Oxford Falls Grammar Teacher + 1 student runner
ACC – Marsden Park - Teacher + Wycliffe CS – Teacher

Starter
Starter Assistant
Check Starters

NSW Athletics – Ron Richter
Penrith CS Adult
Nth Beaches CS Adult + 1 student runner
Oran Park AC Adult + 1 student runner

Recording Room

Data Entry
Results

SDS Team (2)
Regents Park CS Adult + 1 student

First Aid

Complete Body Dynamics

Clothing Sales

CSSA Officials x 2

Multiclass Official

CSSA Official: Carolyn Sparkes

Field Officials

Long Jump

1. Toongabbie CC + 1 student helper & Calderwood CS + 1 student helper
2. Sth Highlands CS + 1 student helper & St George CS + 1 student helper

High Jump

1. Wyong CC + 1 student helper & William Carey + 1 student helper
2. Illawarra CS + 1 student helper & Maitland CS + 1 student helper

NSW Athletics Throw Official

Shot Put 1
Shot Put 2

1. Richard Johnson AS + 1 student helper & Nepean CS + 1 student helper
2. Tyndale CS + 1 student helper & Green Pt CC + 1 student helper

Discus 1
Discus 2

1. Covenant CS + 1 student helper & Mt Annan CC + 1 student helper
2. Mamre AS + 1 student helper & Norwest CC + 1 student helper

Javelin 1
Javelin 2

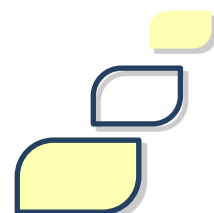
1. Shire CS + 1 student helper + Pacific Hills CS + 1 student helper
2. Inaburra + 1 student helper & Cedars CC + 1 student helper

Relay Changes

Volunteer Teachers (6)

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Grandstand Zone Seating 2024

Seating	Zone
Section 7	Hunter
Section 8	Nepean
Section 9	Nth Met
Section 10	South Coast
Section 11	West Met
Lower Section 12	South Met
Upper Section 12	Far West
Section 13	North Coast

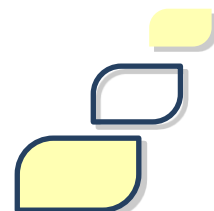
COMPETITION RULES

1. IAAF Rules apply.
2. Students **MUST** compete in their age group for all events (including relays)
3. A students age is determined by the age he/she turns this year ie. by the 31st Dec 2024
4. Secondary Age Championship points will be awarded from **age events only**.
5. Each Zone may enter in each age group:
Track Events: **3 competitors per event**
Field Events: **3 competitors per event** * 3rd place must achieve qualifying distance/height
Relays: **3 school based teams** * **Competitors can only compete in one relay**
6. Officials, teachers and competitors are **only** allowed inside the track area.
Competitors must leave as soon as their event is finished.
Students **MUST NOT** cross the infield at any time
7. Times indicated in the program are a guideline only and are in no way binding.
8. Athletes should report immediately marshalling calls are made. If a track event coincides with a competitors field event(s), they should report to the field event officials and have his/her name recorded and then proceed to the track event.
9. Students must compete in their allocated lanes.
10. **Starting:**
 - a) Use of blocks is optional in 100m, 200m & 400m events.
 - b) Method: Events up to & including 400m – **On your Marks, Set, Gun**
Events 800m and over – **On your Marks, Gun**
 - c) False starts: the competitor responsible for causing the false start will be warned for a first breach, disqualified for their second breach.

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11. **Place getters**

Competitors must return to the finish line in their respective lanes and remain until places are allocated.

12. **Track/Field Events**

Athletes are responsible for knowing which events they have nominated to compete in at the carnival and if there will be a clash between a track & field event. At the commencement of a field event athletes are to inform the official that they need to compete in a track event in the next 30 minutes. Athletes that need to go to a track event must stay at the field event as long as possible and must notify the official before they leave so that they can have their next jump to ensure the flow of the competition. On completion of their track event the athlete must return immediately to the field event, notify the official and rejoin the competition. High Jump - the bar WILL NOT be lowered on an athlete's return if it has been raised whilst competing at a track event.

13. **High Jump Wet Weather Procedure**

If conditions are ruled unsafe by the Carnival Referee due to water on the take-off area, students will only be able to compete if they are wearing spikes.

14. **Spikes + Starting Blocks - *SOPAC ruling***

Competitors **MUST** use starting blocks if they are wearing spikes in the 100m & 200m track events.

15. **Dress Code:**

- **Shoes** must be worn in all events for safety.
- Spikes are allowed for ALL events including 800m & 1500m
- Maximum length of spikes for ALL events is 7mm with the exception of High Jump 9mm
- Students will not be permitted to compete in the carnival unless they are in proper **school/zone sports uniform**.
- Bicycle pants/skins may be worn only if they are approved by their school and are the same colour as their sports uniform or black or navy.
- **Compression clothing** may be worn ONLY if they are approved by their school and are the same colour as their sports uniform or black or navy.
- Students must compete in uniforms which are modest. One piece or two piece running suits, similar to swimming costume design, are not permitted.
- Competitors must start & finish an event in the correct attire.
- At no time are competitors allowed to discard clothing throughout an event.

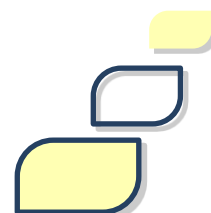
16. **Protests:** Protests can be made to the Carnival Referee by the team manager within 30 minutes of the conclusion of the event. The Referee's decision in all cases is final.

17. **Accidents:** Should an accident occur, the teacher in charge of the event is to fill in an accident form, obtainable from the First Aid room. The injured athlete should report to the First Aid Officer at the ground which is near the finish line.

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CARNIVAL ORGANISATION

Schools are expected to provide adequate supervision for their own students throughout the whole day. This venue has many areas for students to get lost in or misbehave, so every effort must be made to ensure that students remain in their stand area. Students must not be in the vicinity of the main administration foyer.

Teachers responsible for the supervision of student spectators at the State Carnival CAN NOT act as carnival officials at the same time.

There will be a canteen open throughout the day operated by the Athletics Centre.

Schools are responsible to ensure that their students know which event they are in and that they are dressed according to the rules of the CSSA Handbook.

**Please ensure that you have a copy of the current CSSA handbook
which can be downloaded from the CSSA website:**

www.cssa.net.au

Schools are responsible to ensure that their students know the CSSA Code of Conduct and Disputes & Discipline Policy.

Students must not go onto the grassed area inside the track for any reason. Students found breaching this rule may be disqualified from the carnival by the Carnival Referee

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