



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

CSSA Secondary State Athletics 2024

High Jump Starting Heights

Each competitor will be allowed one warm-up jump

HIGH JUMP	Starting Heights
Girls	
18 + Years (born 2005, 2006)	1.25
17 Years (born 2007)	1.25
16 Years (born 2008)	1.25
15 Years (born 2009)	1.20
14 Years (born 2010)	1.20
13 Years (born 2011)	1.15
12 years (born 2012)	1.15
Boys	
18 + Years (born 2005, 2006)	1.45
17 Years (born 2007)	1.45
16 Years (born 2008)	1.40
15 Years (born 2009)	1.35
14 Years (born 2010)	1.30
13 Years (born 2011)	1.25
12 years (born 2012)	1.20

Track/Field Events

Athletes are responsible for knowing which events they have nominated to compete in at the carnival and if there will be a clash between a track & field event. At the commencement of a field event athletes are to inform the official that they need to compete in a track event in the next 30minutes. Athletes that need to go to a track event must stay at the field event as long as possible and must notify the official before they leave so that they can have their next jump to ensure the flow of the competition. On completion of their track event the athlete must return immediately to the field event, notify the official and re-join the competition. **High Jump - the bar WILL NOT be lowered on an athletes return if it has been raised whilst competing at a track event.**

High Jump Wet Weather Procedure

If conditions are ruled unsafe by the Carnival Referee due to water on the take-off area, students will only be able to compete if they are wearing spikes.

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