

**CSSA Primary State Biathlon “Splash & Dash”**  
**CSSA Secondary State Triathlon 2023 PROGRAM**



|              |  |                 |
|--------------|--|-----------------|
| <b>8:00</b>  | Collect Competitor Bar Codes for Individuals & Team        | Transition Open |
| <b>9:00</b>  | Transition Closed  |                 |
| <b>9:05</b>  | Open in Prayer & Race Briefing for Individual Events       |                 |
| <b>9:20</b>  | Marshalling 1 <sup>st</sup> Individual Event               |                 |
| <b>9:30</b>  | Secondary Individual: Intermediate Boys + Senior Boys      |                 |
| <b>9:40</b>  | Secondary Individual: Intermediate Girls + Senior Girls    |                 |
| <b>9:50</b>  | Secondary Individual: Junior Boys                          |                 |
| <b>10:00</b> | Secondary Individual: Junior Girls                         |                 |
| <b>10:10</b> | Primary Individual: Yr 5/6 Boys                            |                 |
| <b>10:20</b> | Primary Individual: Yr 5/6 Girls                           |                 |
| <b>10:40</b> | Transition Open for Teams Events                           |                 |
| <b>10:50</b> | Presentation - Individual Events                           |                 |
| <b>11:20</b> | Race Briefing for Team Events                              |                 |
| <b>11:40</b> | Transition Closed + Marshalling 1 <sup>st</sup> Team Event |                 |
| <b>11:50</b> | Secondary Team: Intermediate Boys + Senior Boys            |                 |
| <b>12:00</b> | Secondary Team: Intermediate Girls + Senior Girls          |                 |
| <b>12:10</b> | Secondary Team: Junior Boys                                |                 |
| <b>12:20</b> | Secondary Team: Junior Girls                               |                 |
| <b>12:45</b> | Primary Team: Year 6 Boys *                                |                 |
| <b>12:55</b> | Primary Team: Year 6 Girls *                               |                 |
| <b>1:05</b>  | Primary Team: Year 5 Boys *                                |                 |
| <b>1:15</b>  | Primary Team: Year 5 Girls *                               |                 |
| <b>1:25</b>  | Primary Team: Year 3/4 Boys + Year 3/4 Girls *             |                 |
| <b>1:45</b>  | Transition Open  |                 |
| <b>2:00</b>  | Presentation – Team Events + Clean-up                      |                 |

- **Schools Must Ensure That ALL PRIMARY Students Competing In The Teams Event Are Competent To Swim 150m/200m in Open Water**