



# CHRISTIAN SCHOOLS SPORTS ASSOCIATION

## CIS Secondary Athletics Championships 2023

Congratulations! Due to your fine performance at our CSSA Secondary State Athletics Championship, you have been selected to be part of the Christian Schools Sports Association (CSSA) team, which will compete at the Combined Independent Schools (CIS) Secondary Athletics Championships.

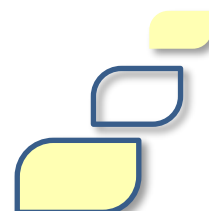
CIS Secondary Athletics Championships: <https://www.cis.nsw.edu.au/events/168979/&cat=1967&f=list>

- ☆ **Date:** Tuesday 19 September 2023
- ☆ **Venue:** Warm Up Track & Competition Arena, Sydney Olympic Athletic Centre.
- ☆ **Time & Venue:**  
**Field: (@ the Warm up Track):** 11am - 2.20pm  
**Field: (@ the Competition Arena):** 2.20pm – 7.00pm  
**Track: (@ the Competition Arena):** 2.20pm - 9.30pm  
  
*Events:* Refer to the [program](#) for time guidelines.
- ☆ **Meet:** CSSA manager will be set-up in the CSSA section of the grandstand and/or near the warm-up track.
- ☆ **Team Manager:** Amanda Butterworth M: 0424 151 071
- ☆ **Uniform:** A CSSA Representative singlet MUST be worn plus Navy OR black running shorts/skins. To order a uniform please go to the [CSSA Website](#)  
  

<b>Mandatory CSSA Uniform</b>	inc. GST
<a href="#">CSSA Rep Singlet:</a>	\$45 (+ postage)

**Last date to order a Rep Singlet on-line: Tuesday 5th September 2023**
- ☆ **Cost:** A player Levy of \$26.17 will be charged directly to your school.
- ☆ **Parking** Parking is available at \$18 a day with validation of parking ticket at Reception.
- ☆ **Transport:** Your personal transport will need to be organised by either your parents and/or school.
- ☆ **Food:** A canteen is available at the Competition Track NOT the Warm-up track.
- ☆ **First Aid:** Qualified First Aid personnel will be in attendance.
- ☆ **Withdrawals:** Advise your sports coordinator as soon as possible if you are unable to attend.





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☆ **Carnival Format:** CSSA can enter 3 competitors in all events.

**The following events will be contested for both Boys and Girls**

**Track Events:**

- 12 Years – 100m, 200m, 400m, 800m, 1500m
- 13 Years – 100m, 200m, 400m, 800m, 1500m
- 14 Years – 100m, 200m, 400m, 800m, 1500m
- 15 Years – 100m, 200m, 400m, 800m, 1500m
- 16 Years – 100m, 200m, 400m, 800m, 1500m
- 17 Years – 100m, 200m, 400m, 800m, 1500m
- 18-19 Years – 100m, 200m, 400m, 800m, 1500m
- Multi Class 15 & Under **AND** 16 & Over - 100m, 200m, 800m
- 4x100m Relays – 14&U **AND** Open

**Field Events:**

- 12 Years – Long Jump, High Jump, Shot Put, Discus, Javelin
- 13 Years – Long Jump, High Jump, Shot Put, Discus, Javelin
- 14 Years – Long Jump, High Jump, Triple Jump, Shot Put, Discus, Javelin
- 15 Years – Long Jump, High Jump, Triple Jump, Shot Put, Discus, Javelin
- 16 Years – Long Jump, High Jump, Triple Jump, Shot Put, Discus, Javelin
- 17 Years – Long Jump, High Jump, Triple Jump, Shot Put, Discus, Javelin
- 18-19 Years – Long Jump, High Jump, Triple Jump, Shot Put, Discus, Javelin
- 12-13 Years – Triple Jump
- Multi Class 15 & Under **AND** 16 & Over – Long Jump, Shot Put, Discus

**Competitors may only compete in their own age group, with the exception of Relays which are Junior (14 & under) or Open - all ages**

☆ **CIS Team:** Students that place 1st, 2nd or 3rd in an event will be automatically selected in the NSW CIS Athletics Merit Team. CIS will not be submitting a team to the NSW All Schools Athletics Championships. Students that wish to compete in the NSW All Schools Athletics Championships will need to submit an individual entry form. These are available on the [Athletics NSW website](https://www.cis.nsw.edu.au/events/168979/&cat=1967&f=list). Students are not permitted to compete in CIS athletics strip at the NSW All Schools Track and Field Meet.

To be eligible for a CIS award in athletics, athletes will need to be named in the CIS Merit Team, place 1st, 2nd or 3rd at NSW All Schools, be selected in the NSW All Schools Team and compete at the National Schools Athletics Championships.

Please visit the CIS website: <https://www.cis.nsw.edu.au/events/168979/&cat=1967&f=list> for the CIS Carnival "Rules & Competition Guidelines", "Records" or other information.

**If you have any questions or concerns, please contact:**

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