



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

CIS Secondary Swimming Championships 2023

Congratulations! Due to your fine performance at our CSSA Secondary State Swimming Championship, you have been selected to be part of the Christian Schools Sports Association (CSSA) team, which will compete at the Combined Independent Schools (CIS) Secondary Swimming Championships. Please note the following details about this event.

CIS Secondary Swimming Championships

- ☆ **Venue:** Sydney International Aquatic Centre, Olympic Boulevard, Sydney Olympic Park Homebush Bay.
- ☆ **Date:** Monday 1 - Tuesday 2 May 2023.
- ☆ **Times:**
- Session 1:** 6.00pm – 9.30pm Monday 1 May
Entry: 4.30pm, First event: 6.00pm, Finish: 9.30pm
- Session 2:** 9.00am – 4.00pm Tuesday 2 May
Warm Up: 8.00am, First event: 9.00am, Finish: 4.00pm
- ☆ **Carnival Format:** All events will be swum as Timed Finals (TF). Races will be seeded on the basis of entry times.

Session 1:

The following events will be contested for both Boys and Girls

- 6x50m All Age Relay
- 12, 13, 14, 15, 16, 17-19 50m Freestyle
- 12-14/15-16/17+ 200m Medley Relay
- 12-14/15-16/17+ 200m Freestyle Relay
- 12-14/15-16/17+ 200m IM

Session 2:

The following events will be contested for both Boys and Girls

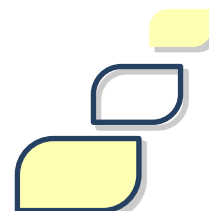
- 12, 13, 14, 15, 16, 17-19 50m Butterfly, Backstroke, Breaststroke
- 12, 13, 14, 15, 16, 17-19 100m Freestyle
- 12-14/15-16/17+ 100m Butterfly, Backstroke, Breaststroke
- 12-14/15-16/17+ 200m Freestyle, Butterfly, Backstroke, Breaststroke

Multi Class

- 15&U/16&Over 50m Freestyle, Butterfly, Breaststroke, Backstroke
- 12-19 100m Freestyle & Backstroke

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ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
Executive Officer: Linda Heslehurst • P: 0418 685 898 • linda@cssa.nsw.edu.au



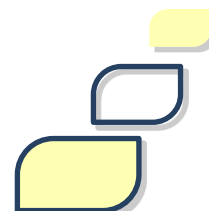


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- ☆ **Rules:** CIS Secondary Swimming Championships conducted under NSW Swimming rules unless otherwise stated.
- ☆ **CIS Team:** All swimmers who participate at the NSWCIS carnival should be available for selection in the CIS Team in the events in which they swim. Should this not be the case, individual association convenors should be notified so that they can inform the selectors prior to the meet.
- Generally only those who compete at the CIS Championships will be eligible for selection in the CIS Secondary Swimming Team. Generally selections will be based on fastest 3 times per event and the NSWCIS Selection Policy (see Operational Guidelines). Students placing 1st, 2nd or 3rd must report to the Murray Rose and Dawn Fraser rooms to register purchase uniform and pay the levy. Secondary Swimmers selected to compete at NSW All Schools who withdraw without a medical certificate more than 1 week after the publication of the full CIS Swimming Team List will incur a fine of \$15.00 and may not be considered for further selection. Changes at the NSW All Schools Championships due to illness or injury will be at the discretion of the Team Managers.
- Multi Class selection** for the CIS team is subject to placing on the basis of classification and pathway qualifying standards, they are not necessarily the result of the actual race. Official Places will be posted on the result board.
- The CIS team will be confirmed on the CIS website by Friday 5 May 2023.
- For further information go to:**
<https://www.cis.nsw.edu.au/events/168410/&cat=1980&f=list>
- ☆ **Eligibility** NSW All Schools - maximum age for swimmers is turning 19 in the year of competition.
- ☆ **Pathway:** The CIS Team will compete at the NSW All Schools Swimming Championships Thursday 1 - Friday 2 June 2023 at Sydney International Aquatic Centre, where a NSW All Schools team will be selected.
- ☆ **Uniform:** Swimmers must fall in line with FINA rules and requirements.
CSSA Swim Cap must be worn: Available from CSSA Team Manager at event.
- To order **optional** CSSA uniform please go to the CSSA website & click on the uniform order link: www.cssa.net.au
- ☆ **Cost:** A player Levy of \$26.17 will be charged directly to your school.
- ☆ **Transport:** You must arrange your own personal transport to and from the Venue.
- ☆ **Meet:** Swimmers are required to be at the venue prior to the start time & report to the **CSSA Team Manager: Mrs Lisa Phillips**
CSSA swimmers must sit together in the designated area set by CIS.
- ☆ **Food:** A canteen is available.

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- ☆ **Parking:** There is parking available at the venue for \$18 per day with validation at reception.
- ☆ **First Aid:** Provided by Sydney International Aquatic Centre
- ☆ **Withdrawals:** Advise your sports coordinator as soon as possible

CSSA App

All members of CSSA teams are required to download the CSSA App which contains CSSA and CIS event details, CSSA policies and up to date CSSA and CIS event changes.



**DOWNLOAD
THE
CSSA APP
HERE**



Uniform Requirements

To order NSW CSSA uniforms please go to the CSSA website & click on the uniform order link: www.cssa.net.au. All uniforms are ordered **ON-LINE**. Payment is by credit card. Orders will be delivered directly to you by courier.

Optional CSSA Representative Uniform (players DO NOT need these items)													
CSSA Baseball Cap (Optional)	\$25	One Size Only											
CSSA Sports Bag (Optional)	\$55	One Size Only											
CSSA Hoodie (Optional)	\$70		10	12	14	16	S	M	L	XL	2XL		
CSSA Polo Shirt (Suggested)	\$45		10	12	14	16	S	M	L	XL	2XL	3XL	
CSSA Rugby Jersey (Optional)	\$60			12	14	16	S	M	L	XL	2XL		
CSSA T/suit Jacket (Optional)	\$60			12	14	16	S	M	L	XL	2XL		
CSSA T/suit Pants (Optional)	\$45		10	12	14	16	S	M	L	XL	2XL		

If you have any questions or concerns please do not hesitate to contact:

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