

# **CHRISTIAN SCHOOLS SPORTS ASSOCIATION**

# Primary & Secondary State Gymnastics 2024 MAG (Men's) Competition Levels ONLY

Date: Tuesday 11 June 2024

Venue Sydney Gymnastic Centre - Rooty Hill

12 N Parade, Rooty Hill NSW 2766 Website: http://sgac.com.au

**Starting Times** Registration: 9:30am *Note: Times could change depending* 

**Warm-up:** 9:40-10:00am **Competition:** 10:00am

**Cost:** \$65.00 inc GST per competitor

CSSA will invoice your school based on entries received as of Tues 28 May 2024

on number of entries received

Any withdrawals after this date will still be charged

**CLOSING DATE FOR ENTRIES: Tuesday 28 May 2024** 

All competitors are required to have an accredited gymnastics coach from their club attend on the day

Please contact Linda Heslehurst: CSSA Executive Officer if you have any questions

linda@cssa.nsw.edu.au M: 0418 685 898





# **CHRISTIAN SCHOOLS SPORTS ASSOCIATION**

### **GYMNASTICS RULES**

#### **GYM ATTIRE**

It is most important that your gymnasts (students) are dressed appropriately for movement. No jewellery to be worn. Only studs or sleepers in pierced ear(s). Long or medium length hair should be tied back neatly

Boys may wear the traditional gymnastics attire or their PE/SPORT shirt and shorts.

#### **LEVELS COMPETITION**

The students MUST know and have practised the routines. The routine should be done in a safe manner. The student should feel confident about performing the routine on their own & should have reached a good standard of skill proficiency.

All the boys will do the levels based on the Men's Artistic Gymnastics 2022-2025 Australian Levels Program

For further information about levels please contact NSW Gymnastics: <u>www.gymnsw.org.au</u>

Students competing in the AGF Level Division MUST compete on at least two apparatus.

Students competing in the AGF Level Division **MUST** compete on apparatus only within one Level, eg. they cannot compete in Level 1 Floor and Level 5 Vault.

Only students who compete on ALL apparatus will be included in the Over-All Point Score for each Level.

### WHAT LEVEL SHOULD I COMPETE IN AT THIS COMPETITION?

Gymnasts must compete in the level or a higher level of their last competition either club, region or state. Gymnasts that have competed NDP cannot compete state stream in that level.

Checks will be made and gymnasts will be disqualified if they compete in lower levels

### **GYMNASTICS ETIQUETTE - BEHAVIOUR**

**The Student** - when competing in the levels competition students must know their group and stay with their group as it makes its way around the apparatus. They need to listen to the judge and watch the other competitors. No student is allowed in the competition area unless they are competing or acting as a runner (helper).

**The Teacher** - Teachers may accompany their gymnasts and assist them in warm-up, but may not coach during competition. They may assist with spotting if they have the appropriate accreditation. Deductions will apply if a gymnast is spotted through a routine.

**The Parent** - No parent is allowed in the competition area unless they are assisting with levels and are an accredited coach.

**The Coach** - Gymnastic Coaches other than teachers may assist their gymnasts during the levels competition but must introduce themselves to the competition coordinator before the competition.

**NOTE:** Only the team/school manager (teacher) may bring concerns, questions and issues regarding a gymnast or the competition to the competition coordinator.





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## **CHRISTIAN SCHOOLS SPORTS ASSOCIATION**

# Primary & Secondary State Gymnastics: MAG (Men's) On-line Registration 2024

Date: Tuesday 11 June 2024

## **On-line INDIVIDUAL Registration**

Please go to the following link for the on-line **Individual registration**:

https://www.cssa.net.au/state-gymnastics-nominations.html

# Please contact Linda Heslehurst: CSSA Executive Officer if you have any questions

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### The following information WILL be required to complete on-line registration

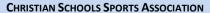
- Competitor Name
- o D.O.B
- Year at School
- Level
- Club Affiliation
- Parent/Guardian Email
- Parent/Guardian Mobile
- Coach attending
- Coach Mobile

### **Entries close Tuesday 28 May 2024**

Late entries will not be accepted

**CSSA does not provide Personal/Accident Insurance Cover** 

As a competing school we are aware that all teachers/parents/volunteers that we send to a carnival or sporting event have completed a "Working with Children" check



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