



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Primary & Secondary State Gymnastics 2019 WAG (Women's) Competition Levels ONLY

Date : Thursday 6 June 2019

Venue : Sydney Gymnastic Centre - Rooty Hill * **NEW VENUE***
12 N Parade, Rooty Hill NSW 2766
Website : <http://sgac.com.au/>

Starting Times

Registration:	8:30am
Warm-up	8:40am
Level 3 -10 competition	9:00 - 3:00pm

Girls will do the **levels** as of the current NSWGA code
Level 1 & 2 are no longer part of the CSSA Competition based on the new NSWGA code

**All competitors must bring their own music on a CD clearly labelled
Groups and start times will be confirmed after registrations have closed**

Cost: \$45.00 per competitor (inc GST)

CSSA will send a tax invoice to your school based on entries received as of
Thursday 30 May 2019. Any withdrawals after this date will still be charged the entry fee.

Job Allocations: CSSA schools entering competitors will be asked to provide someone to assist on the day
ie : taking a group around the competition.
This person can be a parent. Once entries have been received the state convener will
contact your school with further information on your job and ask for the name of the
person who will be assisting.

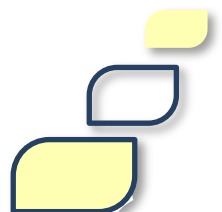
CLOSING DATE FOR ENTRIES: Thursday 30 May 2019

**Each school must ensure they provide adequate supervision for the number of students
attending the competition.**

If you have any questions please email Jodie Grant: j.agym@optusnet.com.au
Or CSSA Executive Officer: Linda Heslehurst – linda@cssa.net.au

Convenor_: **Jodie Grant**
Amanda Butterworth: CSSA Assistant Executive Officer (on the day)

CHRISTIAN SCHOOLS SPORTS ASSOCIATION
ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
EXECUTIVE OFFICER: LINDA HESLEHURST • P: 0418 685 898 • linda@cssa.net.au





CHRISTIAN SCHOOLS SPORTS ASSOCIATION

GYMNASTICS RULES

Gym Attire

It is most important that your gymnasts (students) are dressed appropriately for movement. No jewellery to be worn. Only studs or sleepers in pierced ear(s). Long or medium length hair should be tied back neatly

Girls may wear the traditional gymnastics attire ie school or club leotard

Levels Competition

The students **MUST** know and have practised the routines. The routine should be done in a safe manner. The student should feel confident about performing the routine on their own & **should have reached a good standard of skill proficiency.**

All the girls will do the **levels** as of the current NSWGA code.

Note: The old NDP is now called NL (National Levels) and the old IDP is now called IL (International Levels)
There is no State Stream any more. All students have to compete in National Levels

*For further information about levels you can contact the NSW Gymnastics
web site: www.gymnsw.org.au or No. 9763 5011*

- Students competing **MUST** compete on at least two apparatus.
- Students competing **MUST** compete on apparatus only within one Level, eg. they cannot compete in Level 3 Floor and Level 5 Vault.
- Only students who compete on **ALL** apparatus will be included in the Over-All Point Score for each Level.

What Level should I compete in at this competition?

Gymnasts must compete in the level or a higher level of their last competition either club, region or state.

Checks will be made and gymnasts will be disqualified if they compete in lower levels

Gymnastic Etiquette - behaviour

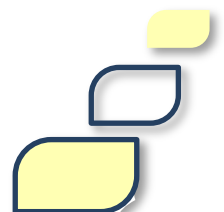
The Student - when competing in the levels competition students must know their group and stay with their group as it makes its way around the apparatus. They need to listen to the judge and watch the other competitors. No student is allowed in the competition area unless they are competing or acting as a runner (helper).

The Teacher - Teachers may accompany their gymnasts and assist them in warm-up, but may not coach during competition. They may assist with spotting but deductions will apply.

The Parent - No parent is allowed in the competition area unless they are assisting with levels.

The Coach - Gymnastic Coaches other than teachers may assist their gymnasts during the levels competition but must introduce themselves to the competition coordinator before the competition.

NOTE: Only the team/school manager (teacher) may bring concerns, questions and issues regarding a gymnast or the competition to the competition coordinator.





CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Primary & Secondary State Gymnastics: WAG (Women's) On-line Registration 2019

Date: Thursday 6 June 2019

On-line INDIVIDUAL Registration

Please go to the following link for the on-line **Individual** registration:

www.cssa.net.au/index.php/state-carnivals/gymnastics

Coaches please contact Jodie Gant if you have any questions
j.agym@optusnet.com.au

The following information **WILL** be required to complete on-line registration

- Competitor Name
- Year at School
- Age
- D.O.B
- National Level
- Club Affiliation

Entries close Thursday 30 May 2019

Late entries will not be accepted

CSSA does not provide Personal/Accident Insurance Cover

As a competing school we are aware that all teachers/parents/volunteers that we send to a carnival or sporting event have completed a "Working with Children" check

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