



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Primary & Secondary State Gymnastics 2024 WAG (Women's) Competition Levels ONLY

Date Tuesday 11 June 2024

Venue Sydney Gymnastic Centre - Rooty Hill
12 N Parade, Rooty Hill NSW 2766
Website: <http://sgac.com.au>

Starting Times	Registration	8:30am	<i>Note: Times could change depending on number of entries received</i>
	Warm-up	8:40am	
	Level 3 -10 competition	9:00 - 3:00pm	

Girls will do the **levels** as of the current NSWGA code
Level 1 & 2 are no longer part of the CSSA Competition based on the new NSWGA code

All competitors must bring their own music on an iPod or laptop unless they use the compulsory music.
Groups and start times will be confirmed after registrations have closed

Cost: \$65.00 inc GST per competitor

CSSA will invoice your school based on entries received as of **Tues 28 May 2024**
Any withdrawals after this date will still be charged

CLOSING DATE FOR ENTRIES: Tuesday 28 May 2024

**All competitors are required to have an accredited gymnastics coach from
their club attend on the day**

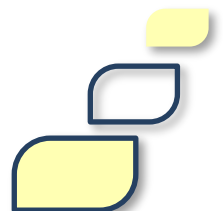
Please contact Linda Heslehurst: CSSA Executive Officer
if you have any questions

linda@cssa.nsw.edu.au

M: [0418 685 898](tel:0418685898)

CHRISTIAN SCHOOLS SPORTS ASSOCIATION

ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
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CHRISTIAN SCHOOLS SPORTS ASSOCIATION

GYMNASTICS RULES

GYM ATTIRE

It is most important that your gymnasts (students) are dressed appropriately for movement. No jewellery to be worn. Only studs or sleepers in pierced ear(s). Long or medium length hair should be tied back neatly

Girls may wear the traditional gymnastics attire ie school or club leotard

LEVELS COMPETITION

The students **MUST** know and have practised the routines. The routine should be done in a safe manner. The student should feel confident about performing the routine on their own & **should have reached a good standard of skill proficiency.**

All the girls will do the **levels** as of the current NSWGA code.

All students have to compete in National Levels and follow NSWGA code.

*For further information about levels please contact
NSW Gymnastics: www.gymnsw.org.au*

Students competing **MUST** compete on at least two apparatus.

Students competing **MUST** compete on apparatus only within one Level, eg. they cannot compete in Level 3 Floor and Level 5 Vault.

Only students who compete on **ALL** apparatus will be included in the Over-All Point Score for each Level.

The placings per level will be divided into Divisions based on age and number of entries.

WHAT LEVEL SHOULD I COMPETE IN AT THIS COMPETITION?

Gymnasts must compete in the level or a higher level of their last competition either club, region or state.

Checks will be made and gymnasts will be disqualified if they compete in lower levels

GYMNASTICS ETIQUETTE - BEHAVIOUR

The Student - when competing in the levels competition students must know their group and stay with their group as it makes its way around the apparatus. They need to listen to the judge and watch the other competitors. No student is allowed in the competition area unless they are competing or acting as a runner (helper).

The Teacher - Teachers may accompany their gymnasts and assist them in warm-up, but may not coach during competition. They may assist with spotting if they have the appropriate accreditation. Deductions will apply if a gymnast is spotted through a routine.

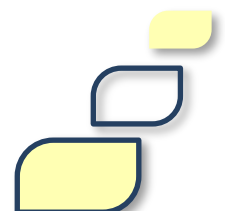
The Parent - No parent is allowed in the competition area unless they are assisting with levels and are an accredited coach.

The Coach - Gymnastic Coaches other than teachers may assist their gymnasts during the levels competition but must introduce themselves to the competition coordinator before the competition.

NOTE: Only the team/school manager (teacher) may bring concerns, questions and issues regarding a gymnast or the competition to the competition coordinator.

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CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Primary & Secondary State Gymnastics: WAG (Women's) On-line Registration 2024

Date: Tuesday 11 June 2024

On-line INDIVIDUAL Registration

Please go to the following link for the on-line Individual registration:

<https://www.cssa.net.au/state-gymnastics-nominations.html>

Please contact Linda Heslehurst: CSSA Executive Officer
if you have any questions

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The following information WILL be required to complete on-line registration

- Competitor Name
- D.O.B
- Year at School
- Level
- Club Affiliation
- Parent/Guardian Email
- Parent/Guardian Mobile
- Coach attending
- Coach Mobile

Entries close Tuesday 28 May 2024

Late entries will not be accepted

CSSA does not provide Personal/Accident Insurance Cover

As a competing school we are aware that all teachers/parents/volunteers that we send to a carnival or sporting event
have completed a "Working with Children" check

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