

Agenda

- Open in Prayer
- CSSA Fees 2024
- CSSA Membership Renewal
 - Child Safety Policy
 - Risk Warning
 - Public Liability Insurance
- CSSA Calendar 2024 – sports update
- CIS Membership 2024
- Sports Coordinator 2024 – Contact details
- CSSA Website & App Rollover

1. CSSA Membership Fees

- Executive Officer Salary & Superannuation
- Office Expenses, mobile phone, Internet
- Computer hardware, software
- Workers Compensation Insurance
- Public Liability Insurance
- Association Liability Insurance etc
- Resolve Consulting Accountants
- Website, CSSA App
- Uniform & Apparel Storage
- Association Storage
- Association Meetings, Travel
- Conferences, Professional Development

2. CIS Admin Levy

- Assistant Executive Officer Salary & Superannuation
- Office Expenses, mobile phone, Internet
- Computer hardware, software
- Workers Compensation Insurance
- Conferences, Professional Development

3. Event Entry Fee

State Carnivals, State Gala Days, CSSA Trials

- User pays system
ie. the cost of the event is covered by the entry fee

CSSA Membership Fees 2024

Primary: Yrs 3-6 Secondary: Yrs 7-12 per student

Student numbers are based on ENROLMENT numbers on Friday 23 February 2024

CSSA Schools not CIS Members

- Tier 1: Sydney Metro Schools $\$7.18 + \text{GST} = \mathbf{\$7.90}$ inc GST
- Tier 2: Country Schools 200km OR LESS from Sydney (CBD) $\$5.83 + \text{GST} = \mathbf{\$6.41}$ inc GST
- Tier 3: Country Schools MORE THAN 200km from Sydney (CBD) $\$3.23 + \text{GST} = \mathbf{\$3.55}$ inc GST

5% increase on 2023 Fees - last increase was 2 ½% in 2020

OR

CSSA Schools who are CIS Members *$\$2.20 = \text{CIS Admin Levy}$ (10% increase on levy due to extra day staff)*

- Tier 1: Sydney Metro Schools $\$7.18 + \mathbf{\$2.20} + \text{GST} = \mathbf{\$10.32}$ inc GST
- Tier 2: Country Schools 200km OR LESS from Sydney (CBD) $\$5.83 + \mathbf{\$2.20} + \text{GST} = \mathbf{\$8.83}$ inc GST
- Tier 3: Country Schools MORE THAN 200km from Sydney (CBD) $\$3.23 + \mathbf{\$2.20} + \text{GST} = \mathbf{\$5.97}$ inc GST

Main Menu

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- CSSA Secondary Teams
- CIS Website & Support

On-line Registration

- CSSA 2024 Membership Renewal
- Terms and Conditions



Individual Registration

Please enter information in the form below to process registration for event **CSSA 2024 Primary Membership Renewal.**

Sports Coord Name *

School *

Sports Coord Email *

linda@cssa.nsw.edu.au

Sports Coord Mobile *

Student numbers are based on ENROLMENT numbers on **Friday 23 February 2024.** Please confirm numbers with your school Business Manager

Primary Yr 3-6 Student Numbers *

REMINDER: Please download Membership Renewal Form to be signed by your Principal and emailed to the CSSA Executive Officer Linda Heslehurst by 31 March

Copy & paste link into your browser: https://cssa.net.au/images/cssa/handbooks/CSSA_MembershipAgreement_2024.pdf

CSSA Child Safety Policy

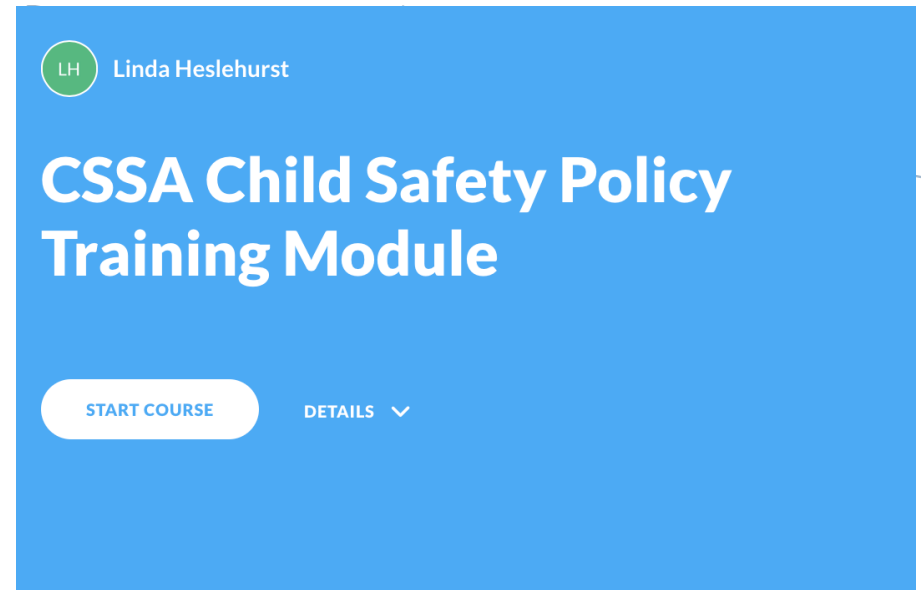
This Policy sets out that **Member Schools** and **CSSA** have the **same commitment**, but **different responsibilities** in relation to the safety and wellbeing of children at **CSSA Events** and **Non-CSSA Events**

These responsibilities reflect the fact that **Member Schools** have responsibility for **their students** and are the agencies that the government has determined have a defined role in protecting children.

The role of CSSA is to **support** the activities of **Member Schools** by facilitating interschool sport competition and manage the particular risks associated with these events.

A **CSSA Child Safety Policy Training Module** has been developed to further support schools:

https://www.cssa.net.au/child_protection/index.html#/



INTENDED USE

This Policy document is intended to be provided and made available to:

- all **Member Schools**
- **CSSA Workers, CSSA Volunteers** and **CSSA Contractors** during their employment or engagement with CSSA

Risk Warning

Annexure B https://www.cssa.net.au/images/cssa/policies/CSSA_RiskWarning.pdf

- **One of the risks of participating in sport is injury.**
- Schools are required to provide notice to students and their parents/guardians of the CSSA Risk Warning and **include it in your consent forms**
- While CSSA and its members' schools take measures to make the sporting activities as safe as possible for participants, **there is a risk that students can be injured and suffer loss** (including financial loss) and damage as a result of their participation in these sporting activities.
- CSSA does not provide **Personal/Accident Insurance Cover**
- It is the responsibility of member schools to ensure that all teachers/parents/volunteers they send to a carnival or sporting event have completed a **Working with Children Check**

CSSA Public Liability Insurance

The **CSSA Public Liability Insurance policy** is necessary for the organisation to **protect itself against claims of negligence** made by third parties in relation to injury or property damage arising from the organisation's operations **at state level events directly facilitated by CSSA.**

Claims examples may include:

- **allegations of breach of duty**
- **incompetent supervision, or**
- **ineffective administration**

Due to the nature of the insurance policy **school & zone level events are not covered by the association** and would need to **come under the convenor's school public liability insurance.**

CSSA Secondary State Swimming Carnival 2024

*Entries will be **LIMITED** to maximum **20 swimmers** ie. **2 heats** for the following events*

- ***200m IM***
- ***50m Butterfly***
- ***200m Freestyle***
- ***100m Freestyle***

*Zone will still enter **top 3 competitors** for each event*

*Once the Secondary State Swimming Carnival has been **seeded** I will notify schools of any students who have been **seeded 21 – 24** in these events*

CSSA + HZSA Schools Triathlon 2024

Primary & Secondary

Thursday 4 April 2024

International Regatta Centre: Penrith

Major changes to Program

Primary

- **Yr 3/4 Teams Event - Duathlon** (2 competitors) 1km run / 3kms Bike / 500m run
- **Yr 5/6 Individual + Teams Event - Triathlon** (3 competitors)

| | | |
|-------------------|----------------------|--|
| Entry Fee: | Individual Triathlon | \$30 inc. GST |
| | Team Duathlon | \$30 inc. GST (\$15 per competitor) |
| | Team Triathlon | \$45 inc. GST (\$15 per competitor) |



Sponsored by **Energy Elite**



1. NSW Mountain Bike Championships

Thursday 21st & Friday 22nd March 2024

Convenor: **Jason English** Hunter CS

jason.english@hunterchristian.nsw.edu.au

<https://hunterschoolsmtb.com>

2. Zone Athletics Carnival Dates for website

Please email Linda Zone Date, Venue & Convenor details

3. State Athletics – Fosbury Flop Approval for State Athletics

- Athletics Australia **recommends** that the Fosbury Flop technique should be taught or signed off by a Level 2 HJ coach as there is a risk of injury if performed incorrectly.
- The following **learning module** (provided by Athletics Australia) is recommended for all sports coordinators:
[https://learning.athletics.com.au/pluginfile.php/339377/mod_scorm/content/2/index.html -
/page/63323e4bf162bf0a841ee1c9](https://learning.athletics.com.au/pluginfile.php/339377/mod_scorm/content/2/index.html-/page/63323e4bf162bf0a841ee1c9)
- **Zone Athletics Carnival**
 - **Competitors progressing through to the State Athletics Carnival** will require their Fosbury Flop technique to be **signed-off** at their Zone Athletics HJ event by a suitably qualified official
 - We understand that zones may not be able to access a Level 2 HJ Official
 - Schools need to be aware of the risk that this carries
 - Ultimately it is the school that **gives permission** for their students to do the Fosbury Flop.

4. State Athletics – Spikes

Primary State Athletics

- 9yrs & under **CANNOT** wear spikes in any events.
- 10yrs-12/13yrs may wear spikes in:
 - Laned track events ie. 100m, 200m & 4x100m relay with a maximum spike length of 7mm
 - Long Jump and High Jump with a maximum spike length of 9mm

Secondary State Athletics

- Spikes are permitted in **ALL events** inc 800m & 1500m with a max. spike length of 7mm
 - Long Jump and High Jump with a maximum spike length of 9mm
- **Spikes + Starting Blocks - *SOPAC ruling***
 - Competitors **MUST** use starting blocks if they are wearing spikes in the 100m & 200m track events.

5. Primary State Cricket KO

- **Start the KO competition in the last 2 weeks of Term 3** so that Round 1 games can be played
- **Pools** - Maximum **3 teams in a pool** so that teams only play 2 games in a day.

3 games in one day is too much for primary aged students especially on a hot day

Optional Rule for Wides & No Balls

- **Do not re-bowl wides and no balls** except for the last over of each innings.
 - This will ensure all overs are only 6 balls (except for the last over of each innings) and the game runs to time.
 - The **penalty** for bowling a wide or no ball is to be **increased** to **2 runs** instead of 1

This rule is to be agreed upon by both coaches prior to the commencement of a game if time is a factor

6. External 1st Aid – highly recommended at all zone events

The CSSA COM have asked that I remind schools that they should be employing an external 1st Aid provider at all zone events.

At State events CSSA employs:



Complete Body Dynamics

Director: Rose Mercieca

0424 680 539

rose@completebodydynamics.com.au

1st AID TRAINING COURSE

Rose has just become a partner of **ALLENS FIRST AID TRAINING** and now teaches **first aid and CPR courses** at a venue of your choosing (Rose will come to you) offering an **online theory and a 2hr practical session** to make it quick and easy for your staff. If anyone needs a first aid update, please contact Rose.

Existing clients will receive a 20% discount



CIS Affiliation Fees 2024 + Sports Fees

| | |
|----------------------------------|------------------------|
| Primary Affiliation Fee | \$5.70 inc GST |
| Secondary Affiliation Fee | \$5.77 inc GST |
| Sport Fee | \$33.04 inc GST |

CIS Membership Confirmation 2024

- On-line confirmation closes **Thursday 30 November 2023**
- Current list of schools that have confirmed 2024 membership – see next slide

CIS Sub-Committees 2024

- Committee Representative OR Levy of \$450 – **must indicate on-line when confirming membership**



CIS Membership Confirmation 2024

as of 10am Thursday 23 November 2023

CIS Primary Membership 2024

| | | |
|-----------------------|--------------------|-------------------------------|
| ACC - Marsden Park | Maitland CS | Pacific Coast CS |
| Belmont CC | Mamre AS | Pacific Gulgangali Jarjums CS |
| Burrabadine CCS | MidCoast CC | Pacific Hills CS |
| Carinya CS - Gunnedah | Mount Annan CC | Pacific Hope CS |
| Carinya CS - Tamworth | Mountains CC | Pacific Valley CS |
| Casino CS | Namoi Valley CS | Port Macquarie AS |
| Cedars CC | Namoi Valley CS | Richard Johnson AS |
| Charlton CC | Narromine CS | Richmond CC |
| Coast CS | Nepean CS | Shire CS |
| Coffs Harbour BCS | Northcorss CS | Snowy Mountains CS |
| Coffs Harbour CCS | Nowra CS | Summerland CC |
| Covenant CS | Nowra CS | Toongabbie CC |
| Green Point CC | Nth Beaches CS | Tyndale CS |
| Greenacre Baptist CCS | Orange CS | Wellington CS |
| Hinterland CC | Oxford Falls Gram | Westmead CGS |
| Illawarra CS | Pacific Berowra CS | Wycliffe CS |
| Leppington AC | Pacific Brook CS | Wyong CCS |

CIS Secondary Membership 2024

| | | |
|-----------------------|--------------------|----------------------|
| ACC - Marsden Park | Inaburra | Pacific Hills CS |
| Belmont CC | Leppington AC | Pacific Hope CS |
| Burrabadine CCS | Maitland CS | Pacific Valley CS |
| Calderwood CS | Mamre AS | Parkes CS |
| Carinya CS - Gunnedah | MidCoast CC | Port Macquarie AS |
| Carinya CS - Tamworth | Mount Annan CC | Richard Johnson |
| Casino CS | Mountains CC | Richmond CC |
| Cedars CC | Nambucca Valley CS | Shire CS |
| Charlton CC | Namoi Valley CS | Snowy Mountains CS |
| Coffs Harbour BCS | Nepean CS | St George CS |
| Coffs Harbour CCS | New Hope CS | Summerland CC |
| Covenant CS | Nowra CS | Toongabbie CC |
| Dubbo CS | Nth Beaches CS | Tyndale CS |
| Green Point CC | Orange CS | William Carey CS |
| Greenacre Baptist CCS | Oxford Falls Gram | Wycliffe CS |
| Hinterland CC | Pacific Brook CS | Wycliffe Hope School |
| Illawarra CS | Pacific Coast CS | |

New Schools 2024 - Welcome

The following new schools have been accepted into the Association

- **Verity College** (Griffith) - **Primary & Secondary Far West Zone**
- **Liberty Christian College** (Tamworth) – **Primary Hunter**
- **Wahroonga AS** – **Primary North Met Zone**

Sports Coordinator 2024

- Please check the **CSSA website: Member Schools** that **contact details** are **correct**

Primary Member Schools: <https://cssa.net.au/member-schools/primary-schools.html>

Secondary Member Schools: <https://cssa.net.au/member-schools/secondary-schools.html>

- Please let me know if your school will have a **new Sports Coordinator in 2024**

They will need to be added to the:

- **Email Contact List (MailChimp)** – if you don't receive the CSSA Weekly sent out 5am Monday morning please check your junk/spam folders, especially when your school updates their server etc.
- **Create a CSSA Login Account** – to nominate individuals/teams for CSSA State GD's & Trials.
- **Update CSSA website contact details**

CSSA Website + App Rollover

- Rollover of the **CSSA website and App** has commenced and will be completed by **mid January**.
- **On-line Nominations** for all sports will open **Monday 22 January 2024**

