



SPORT INTEGRITY AUSTRALIA

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EDUCATION

We want to protect athletes, prevent doping and maintain the integrity of Australian sport. To do this, we need to educate people about the benefits of keeping our sports safe and fair. Following are resources developed specific to education to help athletes.

RESOURCES - ELEARNING



RESOURCES - SCHOOLS AND PARENTS



<https://www.sportintegrity.gov.au/resources#toc4>

SPORT INTEGRITY

SECONDARY SCHOOLS RESOURCE KIT

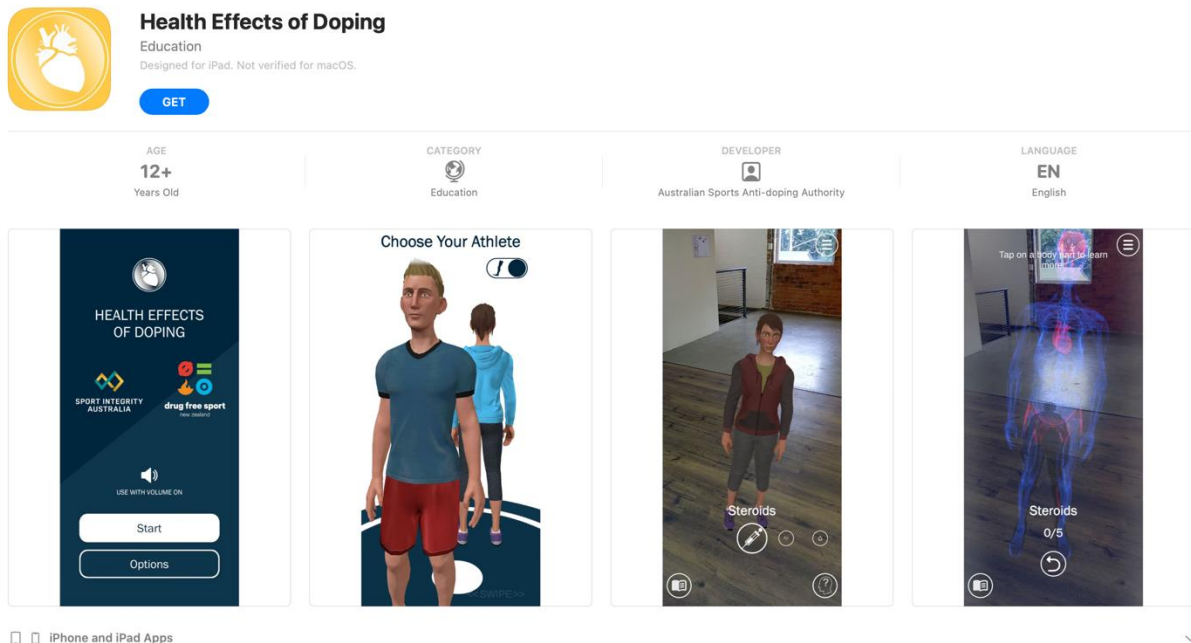


https://www.sportintegrity.gov.au/sites/default/files/SIA061-0922_Secondary%20Schools%20Resource%20Kit-1%20%5BDIGITAL%5D_0.pdf

Health Effects of Doping App

iPad/iPhone <https://apps.apple.com/au/app/health-effects-of-doping/id1486975999>

Android <https://play.google.com/store/apps/details?id=com.maxart.healtheffects&gl=US>



Explore the short and long term health effects of taking performance enhancing substances.

How much are you willing to risk to get an edge in sport?

Do you really know what that substance will do to you?

Can you put a price on your health?

Stroke, liver damage, tumours, anxiety, and tendon rupture are all serious and potentially dangerous effects of doping.

The Australian Sports Anti-Doping Authority's main purpose is to protect the health of athletes and this app, developed in partnership with Drug Free Sport New Zealand, is designed to do just that.

Using augmented reality, create your own athlete avatar, who (unfortunately for them) experiences all the negative health effects of doping right before your very eyes. Specifically, the app looks at the effects of steroids, stimulants, EPO, HGH, SARMS and opioids.

But it's not all doom and gloom. After looking at all the negative effects, you literally get to throw some 'good' performance enhancers to your athlete and hear about the benefits of being a clean freak. Lastly, take the quiz and see how you stack up against other players, including top international athletes.



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world
anti-doping
agency

PARENTS' GUIDE TO SUPPORT **CLEAN SPORT**



<https://www.sportintegrity.gov.au/sites/default/files/SIA141-0323-ParentsGuidetoSupportCleanSport-2%20%5BDIGITAL%5D.pdf>