

CSSA Primary State Swimming Program 2019

8.15am - 8.45am

Warm Up

9.00	100m Freestyle	Senior Boys, Senior Girls, Jnr Boys, Jnr Girls
9.30	50m Freestyle	12 year Boys to 8 year Girls, Open Multi Class
10.15	50m Breaststroke	12 year Boys to 8 year Girls, Open Multi Class
11.15	50m Backstroke	12 year Boys to 8 year Girls, Open Multi Class
12.15	50m Butterfly	12, 11 yr Boys to Jnr Girls, Open Multi Class

50m & 100m : Order of events alternate boys/girls/boys/girls etc

1.00 ***LUNCH break officials***

1.15	200m Individual Medley	Jnr Girls / Jnr Boys / Snr Girls / Snr Boys
2.15	4 x 50m F/style Relays	Jnr Girls / Jnr Boys / Snr Girls / Snr Boys
3.15	Close	

Far West

South Met

Hunter

North Coast

Zone Seating

Marshaling Area

F	8.....	
	7.....	S
I	6.....	T
N	5.....	A
I	4.....	R
S	3.....	T
H	2.....	
	1.....	

Zone Seating

North Met

West Met

Nepean

South Coast