

- Costumes** The object of these rules is to debar immodest costumes.
- Rule 15.1** (a) For Secondary events, the band extending from the front to the rear of male costumes must not be less than approximately 7.5cms in width.
- (b) For Primary events, male costumes must be of a modest size and design.
- Rule 15.2** Female costumes are to be one piece and devoid of open work except at the back in which the area should be less than 20cm, should not show any part of the bottom and should not be cut at the side of the swimmer, also be of fully modest design. Costumes must have a round neck and not be shaped to the breast area.
- Rule 15.3** The texture of all costumes is to be non-transparent.
- Rule 15.4** FINA approved SWIMSUITS only are permitted at any CSSA swimming carnival – see FINA GR 19 Swimwear Dec 2009 – next page
- Rule 15.5** The check starter is responsible for reporting to the referee anyone who does not comply with these rules.

**GR19 SWIMWEAR** FINA GR5 General Swimsuit Rules

- 19.1.1 The swimwear (swimsuit, cap and goggles) of all swimmers shall be in good moral taste and suitable for the individual sports discipline.
- 19.1.2 Swimsuits worn by Competitors in Open Events, including ‘& Over’ events, conducted in NSW by Swimming NSW and any member Associations shall be non-transparent and conform to the following design:
- (i) All swimsuits must be FINA approved; or
- 19.1.3 Swimmers may wear swimsuits provided the suits meet the following criteria:
- (i) Men’s swimsuits are limited to one (1) suit that covers at most the body surface from hips to knee. Swimsuits may not extend above the waist or below the knees;
- (ii) Women’s swimsuits are limited to one (1) suit that is of “open back” and “open shoulder” designs that may extend down to the knee. Swimsuits must not extend below the knees.
- (iii) No zippers or other fastening devices are allowed except for a waist tie.
- (iv) Swimsuits must be of textile material and must not contain any non textile material such as polyurethane or neoprene.
- 19.1.4 Swimsuits worn by competitors in Age Group (18 & under) Events conducted in NSW by Swimming NSW and any Member Associations shall be non-transparent and conform to the following design :
- (i) Men’s swimsuits are limited to one (1) suit that covers at most the body surface from hips to knee. Swimsuits may not extend above the waist or below the knees;
- (ii) Women’s swimsuits are limited to one (1) suit that is of “open back” and “open shoulder” designs that may extend down to the knee. Swimsuits must not extend below the knees.
- (iii) No zippers or other fastening devices are allowed except for a waist tie.
- (iv) Swimsuits must be of textile material and must not contain any non textile material such as polyurethane or neoprene.
- 19.1.5 The Referee of a competition has the authority to exclude any swimmer whose swimsuit does not comply with this Rule. FINA GR5.4
- 19.1.6 Swimsuits are limited to one (1) suit.  
NB: Australian Open Records can only be broken by wearing a FINA approved swimsuit.