

Christian Schools Sports Association



Secondary State Swimming Carnival

Sydney International Aquatic Centre
Sydney Olympic Park
Homebush Bay

Tuesday 26 March 2024



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www.cssa.net.au

Carnival Information

- Entry to the carnival is **\$23.00** inc GST for competitors
- Parents and spectators: **NO COST**
- **Gates open 7:30am Warm-up: 8:00-8:20am 1st Event: 8:30am**
- Any changes to Zone teams need to be passed through to the recorders, prior to the commencement of the carnival.
- Other changes made during the day need to be given to the marshals at the time of the event marshaling
- Please read the CSSA Championship rules on page 6.
- Students are not to wander around the pool areas, but must stay in their designated areas.
- Listen carefully to all announcements & have a great day!

**Grandstand Seating
Western Side**

**South Met
Hunter
North Met
South Coast**

Northern End



**Southern End
Warm-up Pool**

**Grandstand Seating
Eastern Side**

**Nepean
West Met
North Coast
Far West**

CIS Information

- The CIS Secondary Swimming Championships will be held over 2 days: Session 1 Evening – Monday 6 May 2024 & Session 2 Day - Tuesday 7 May 2024 at Sydney Olympic Park Aquatic Centre.
- CIS member schools will be notified by email as to which students have successfully made it through to CIS for each event - please check CSSA website for results & team list.
- **If there are any competitors who can not attend the CIS meet, could you please inform Linda Heslehurst in the recording room ASAP.**
- A letter explaining details of the day will be forwarded to each school. All competitors will need to purchase a CSSA Swimming Cap - \$20.00 (inc GST)

Note: Only students from schools which are current members of NSW CIS can be selected to represent CSSA at the CIS Swimming Championships

Secondary State Swimming Officials 2024

Carnival Referee	South Met	Simon Wadds: Inaburra
Announcer	North Met	1 teacher
Recording Room	NSW Swim Officials	
Starter	NSW Swim Official	
Pool Deck Referee	NSW Swim Officials	
Stroke Officials	NSW Swim Officials	
Chief Marshaller	CSSA Official	Gordon Bromhead
Marshalling - Girls	North Met	1 teacher
	West Met	1 teacher
Marshalling - Boys	South Met	1 teacher
	Nepean	1 teacher
Check Marshal (Gate onto pool deck)	West Met	1 teacher/adult
Check Marshal (Walk to blocks)	Nepean	1 teacher/adult
Check Marshal (Blocks)	Hunter	1 teacher/adult
Warm-up Pool Supervision	South Coast	1 teacher/adult
Multi-Class Official	CSSA Official	Carolyn Sparkes
CSSA Clothing Sales	CSSA Officials	Kim Fleming + Belinda Dell

Parents can be appointed by the school to cover an adult duty provided they have a WWCC and are aware of the CSSA Child Safety Policy & CSSA Code of Conduct

Programme of Events 2024

200m Individual Medley		Record	School	Time	Year
1	Jnr Girls (12-14yrs)	S. Ying	Pacific Hills	2:28.66	2012
2	Int Girls (15-16yrs)	R. Kopellou	ACC Marsden Park	2:24.59	2023
3	Snr Girls (17-18yrs)	Y. Rodier	Hunter	2:23.45	1998
4	Jnr Boys (12-14yrs)	B. Ding	Inaburra	2:20.94	2016
5	Int Boys (15-16yrs)	J. Bardrum	Toongabbie	2:13.79	2012
6	Snr Boys (17-18yrs)	M. Galea	Penrith	2:12.95	2019

4x50m Freestyle Relay		Record	School	Time	Year
7	Junior Girls (12-14yrs)		Inaburra	2:00.86	2009
8	Interm Girls (15-16yrs)		Pacific Hills	1:59.38	2013
9	Senior Girls (17-18yrs)		Inaburra	1:55.57	2017
10	Junior Boys (12-14yrs)		Oxford Falls	1:54.06	2023
11	Interm Boys (15-16yrs)		Oxford Falls	1:45.26	2023
12	Senior Boys (17-18yrs)		Oxford Falls	1:45.10	2017

50m Freestyle		Record	School	Time	Year
13	12yrs Girls	A. Hall	Green Pt	29.96	2023
14	13yrs Girls	S. Ying	Pacific Hills	28.18	2011
15	14yrs Girls	S. Ying	Pacific Hills	27.17	2012
16	15yrs Girls	A. Ring	ACC Marsden Park	27.39	2023
17	16yrs Girls	R. Kopellou	ACC Marsden Park	27.31	2023
18	17yrs Girls	E. Payne	Pacific Hills	27.05	2012
19	18+yrs Girls	E. Payne	Pacific Hills	27.29	2013
20	Open Girls SWD	A. Fowler (S14)	Nepean	32.72 = 692 pts	2011
21	12yrs Boys	J. King	Green Pt	28.80	1997
22	13yrs Boys	J. King	Green Pt	27.33	1998
23	14yrs Boys	B. Ding	Inaburra	26.61	2016
24	15yrs Boys	C. Eakin	Covenant	25.62	2019
25	16yrs Boys	C. Moussa	Greenacre	25.31	2023
26	17yrs Boys	D. McNamara	Oxford Falls	25.41	2017
27	18+yrs Boys	M. Galea	Penrith	25.28	2019
28	Open Boys SWD	O. Stubbs (S13)	Norwest	25.34 = 767 pts	2018

4x50m Medley Relays			School	Time	Year
29	Junior Girls (12-14yrs)		Shoalhaven	2:13.88	2000
30	Interm Girls (15-16yrs)		Pacific Hills	2:18.16	2013
31	Senior Girls (17-18yrs)		Inaburra	2:16.47	2017
32	Junior Boys (12-14yrs)		Inaburra	2:14.83	2013
33	Interm Boys (15-16yrs)		Pacific Hills	2:01.52	2004
34	Senior Boys (17-18yrs)		Pacific Hills	2:00.75	2005

50m Butterfly		Record	School	Time	Year
35	12yrs Girls	A. Hall	Green Pt	32.91	2023
36	13yrs Girls	S. Ying	Pacific Hills	30.66	2011
37	14yrs Girls	S. Ying	Pacific Hills	29.37	2012
38	15yrs Girls	C. Matterson	Green Pt	28.95	2014
39	16yrs Girls	R. Kopellou	ACC Marsden Park	28.57	2023
40	17yrs Girls	C. Matterson	Green Point	29.01	2016
41	18+yrs Girl	C. Sutherland	Oxford Falls	29.43	2018
42	Open Girls SWD	T. Blanshard (S9)	Wyong	36.15 = 683 pts	2016
43	12yrs Boys	T. Mallangi	Hunter	31.69	2006
44	13yrs Boys	J. King	Green Pt	30.15	1998
45	14yrs Boys.	B. Ding	Inaburra	28.00	2016
46	15yrs Boys	B. Ding	Inaburra	27.12	2017
47	16yrs Boys	C. Moussa	Greenacre	26.79	2023
48	17yrs Boys	J.Baker	Mamre	27.31	2015
49	18+yrsBoys	H. Sydenham	Toongabbie	26.86	2014
50	Open Boys SWD	B. Matthews (S9)	Inaburra	29.54 = 625 pts	2023
200m Freestyle		Record	School	Time	Year
51	Jnr Girls (12-14yrs)	S. Ying	Pacific Hills	2:13.72	2012
52	Int Girls (15-16yrs)	R.Robinson	Mt Annan	2:10.17	2016
53	Snr Girls (17-18yrs)	R.Robinson	Mt Annan	2:08.23	2017
54	Jnr Boys (12-14yrs)	B. Ding	Inaburra	2:04.97	2016
55	Int Boys (15-16yrs)	C. Eakin	Covenant	2:00.81	2019
56	Snr Boys (17-18yrs)	H. Sydenham	Toongabbie	2:01.86	2014
50m Breaststroke		Record	School	Time	Year
57	12yrs Girls	S.Harris	Hunter	38.99	2015
58	13yrs Girls	Ashleigh Steed	St George	36.80	2008
59	14yrs Girls	S. Drayton	Belmont	35.64	2001
60	15yrs Girls	S. Kasoulis	Shoalhaven	34.18	1999
61	16yrs Girls	Ashleigh Steed	St George	34.39	2011
62	17yrs Girls	D. Roach	Green Pt	35.53	1999
63	18+yrs Girls	E. Nobbs	Orange	34.52	2019
64	Open Girls SWD	T.Fernance (Sb14)	Taree	46.30 = 429 pts	2015
65	12yrs Boys	K. Moore	Belmont	37.45	2013
66	13yrs Boys	K. Moore	Belmont	35.06	2014
67	14yrs Boys	B. Ding	Inaburra	33.21	2016
68	15yrs Boys	B. Ding	Inaburra	32.78	2017
69	16yrs Boys	K. Wilkins	Nth Beaches	31.69	2014
70	17yrs Boys	J.Baker	Mamre	31.88	2015
71	18+yrs Boys	J.Baker	Mamre	31.60	2016
72	Open Boy SWD	O. Stubbs (S13)	Norwest	35.52 = 512 pts	2018

Programme of Events 2024 cont.

100m Freestyle		Record	School	Time	Year
73	12yrs Girls	Y. Rodier	Hunter	1:06.60	1998
74	13yrs Girls	S. Ying	Pacific Hills	1:02.69	2011
75	14yrs Girls	S. Ying	Pacific Hills	1:00.42	2012
76	15yrs Girls	A. Ring	ACC Marsden Park	59.33	2023
77	16yrs Girls	E. Payne	Pacific Hills	59.40	2011
78	17yrs Girls	E. Payne	Pacific Hills	59.36	2012
79	18+yrs Girls	R. Robinson	Mt Annan	59.71	2018
80	12yrs Boys	J. King	Green Pt	1:02.91	1997
81	13yrs Boys	J. King	Green Pt	59.95	1998
82	14yrs Boys	B. Ding	Inaburra	58.64	2016
83	15yrs Boys	C. Eakin	Covenant	56.19	2019
84	16yrs Boys	B. Ding	Inaburra	55.31	2018
85	17yrs Boys	D. McNamara	Oxford Falls	55.24	2017
86	18+yrs Boys	H. Sydenham	Toongabbie	54.40	2014
50m Backstroke		Record	School	Time	Year
87	12yrs Girls	Amy Steed	St George	35.78	2004
88	13yrs Girls	E. Bootes	Green Pt	32.55	2017
89	14yrs Girls	E. Bootes	Green Pt	32.17	2018
90	15yrs Girls	E. Bootes	Green Pt	31.79	2019
91	16yrs Girls	Ashleigh Steed	St George	31.90	2011
92	17yrs Girls	Eliana Bootes	Green Point	31.12	2021
93	18+yrs Girls	R. Robinson	Mt Annan	31.92	2018
94	Open Girls SWD	A. Fowler (S14)	Nepean	38.16 = 621 pts	2011
95	12yrs Boys	J. King	Green Pt	33.57	1997
96	13yrs Boys	J. King	Green Pt	31.19	1998
97	14yrs Boys	C. Vilimaa	Pacific Hills	31.16	2002
98	15yrs Boys	C. Eakin	Covenant	29.57	2019
99	16yrs Boys	J. Power	Cedars CC	29.57	2014
100	17yrs Boys	M. Harvey	Wagga Wagga	28.27	2007
101	18+yrs Boys	C. Eakin	Oxford Falls	28.26	2022
102	Open Boy SWD	O. Stubbs (S13)	Norwest	31.18 = 583 pts	2018
6x50m Freestyle Super Relay					
103	All age girls	(12,13,14,15,16,17+yrs)	Shoalhaven	2:55.60	2006
104	All age boys	(12,13,14,15,16,17+yrs)	Oxford Falls	2:48.96	2017

Entries have been limited to a maximum 20 swimmers (2 heats) in the following events:

50m Butterfly, 100m Freestyle, 200m Freestyle + 200IM

CSSA Championship Rules

1. Competitors **must** compete in the age division that he/she has turned/will turn in 2024.
2. Competitors must swim in the same age group for all events, other than open events. There is no limit to the number of events a competitor may enter, however he/she may compete in only one division of any event.
3. 200m Freestyle and 200m Individual Medley will be run as 3 divisions Jnr (12-14), Inter (15-16) & Snr (17-18+) with **three entrants per zone**
4. 200m Freestyle + 200IM will be run in **TWO** heats (1, 2) with a maximum of 20 entries. Swimmers will be seeded based on their entry time from zone.
5. Relays will be school based teams, with **THREE school based** teams representing the zone in any age division of the relays.
6. 50m Freestyle, Backstroke, Breaststroke will be run in **THREE** heats (1, 2, 3). Swimmers will be seeded based on their entry time from zone.
7. 50m Butterfly & 100m Freestyle will be run in **TWO** heats (1, 2) with a maximum of 20 entries. Swimmers will be seeded based on their entry time from zone.
8. 4x50m Relays will be run in age groups: Junior (12-14yrs), Intermediate (15-16yrs), Senior (17-18+yrs).
9. 4x50m Medley Relays will be run in age groups: Junior (12-14yrs), Intermediate (15-16yrs), Senior (17-18+yrs).
10. Protests must be lodged in writing with the carnival referee, **ONLY** by the official team manager no more than 15 minutes after the completion of the event. Otherwise, the results recorded will stand.
11. All points gained by competitors in individual 50m and 100m events will be added to decide age champions. This excludes 200m Freestyle and 200m Individual Medley points.
12. CSSA Secondary State Swimming Championships will operate under the NSW Start Rule. **There will be no false starts. Swimmers are automatically disqualified on the first break.**

13. POINT SCORES	Place	1st	10
		2nd	8
		3rd	6
		4th	4
		5th	2
		6th	1
		7th	1
		8th	1
		9th	1
Relays : Double Points		10th +	1

14. Costumes

- The object of these rules is to debar immodest costumes.
- For Secondary events, the band extending from the front to the rear of male costumes must not be less than approximately 7.5cms in width.
- Female costumes are to be one piece and devoid of open work except at the back in which the area should be less than 20cm, should not show any part of the bottom and should not be cut at the side of the swimmer, also be of fully modest design. Costumes must have a round neck and not be shaped to the breast area.
- The texture of all costumes is to be non-transparent.
- NSW approved SWIMSUITS only are permitted at any CSSA swimming carnival
- To download the complete CSSA Swimming Carnival Guidelines go to www.cssa.net.au

Age Champions 2023

12 yr Girl	Alex Hall	Green Point CC
12 yr Boy	Harvey Collins	Oxford Falls Grammar
13 yr Girl	Mary Arthur	Mamre AS
13 yr Boy	Wesley Peacock	Pacific Hills CS
14 yr Girl	Rebecca Gonzalo	Nth Beaches CS
14 yr Boy	Max Maurer	Inaburra
15 yr Girl	Felisa Gonzalo	Nth Beaches CS
15 yr Boy	Charlie Cook	Nth Beaches CS
16 yr Girl	Rafaella-Maria Kopellou	ACC – Marsden Park
16 yr Boy	Kai Farrigton	Oxford Falls Grammar
17 yr Girl	Bella Polland	Carinya CS - Tamworth
17 yr Boy	Fernando Gonzalo	Nth Beaches CS
18 yr Girl	Kate Edwards	Shire CS
18 yr Boy	Sam Christian	Illawarra CS
Open Para-Athlete Girl	Sienna Durkin	The Lakes CC
Open Para-Athlete Boy	Ethan Blockey	Nambucca Valley CCS

Thanks to:

Our Lord Jesus Christ
CSSA & NSW Swimming Officials
Staff & students from CSSA Schools
All parents and spectators
Student competitors and helpers
The Staff at the Sydney International Aquatic Centre

Personal Results

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____