



# CHRISTIAN SCHOOLS SPORTS ASSOCIATION

## CSSA Primary & Secondary State Cross Country 2024

**VENUE**                      **The Sydney International Equestrian Centre**  
Entry via Saxony Rd (**off Wallgrove Rd**) Horsley Park 2175 NSW  
[www.equestriancentre.nsw.gov.au/index.php](http://www.equestriancentre.nsw.gov.au/index.php)

**DATE**                      Friday 31 May 2024

**COST**                      \$15.00 inc GST **per competitor**                      **Spectator Entry FREE**

*Schools will be invoiced at the end of Term 2 CSSA Sports Account T2 2024  
based on competitor entries as of Monday 27 May 2024*

*Late withdrawals AFTER this date WILL BE charged the entry fee*

**ENTRIES**                      **On-line ENTRY** via CSSA website  
<https://www.cssa.net.au/index.php/state-carnivals/cross-country>

Maximum **4 competitors** per event

**CLOSING DATE**                      **Monday 27 May 2024**

Changes can be made on-line up until 6pm on Monday 27 May 2024. After this time changes must be made at the recording table by 9.00am by the nominated team manager on the day of the carnival.

**PROGRAM**                      *see attachment*

- Primary Program of Events                      7:30am – 11:30am
- Secondary Program of Events                      11:30am – 3:00pm

Schools are encouraged to bring students only for part of the day when competing

**Spectators/Parents ARE NOT allowed on the course**

**PARKING**                      Ample parking will be available for cars and coaches at no cost

**REFRESHMENTS**                      Canteen facilities will be available offering drinks, chips, ice creams and a small selection of hot food.

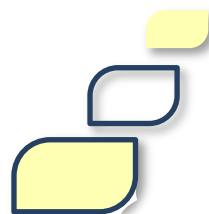
- Gourmet lunch boxes can be pre-ordered for students (**12 days prior to event**)
- \$23.50 + GST – sandwich, fruit, muffin, chocolate bar, bottled water
  - \$25.50 + GST – gourmet wrap, fruit, muffin, chocolate bar, bottled water

**GLUTEN FREE SANDWICHES/WRAPS** are also available for an **extra \$3.00 + GST per pack**

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ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • [www.cssa.net.au](http://www.cssa.net.au)

Executive Officer: Linda Heslehurst • P: 0418 685 898 • [linda@cssa.nsw.edu.au](mailto:linda@cssa.nsw.edu.au)





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## GRANDSTAND

A small covered Grandstand is available for adult spectators **ONLY**. We ask that schools do not sit in this area as it is reserved for parents and grandparents.

## SHADE SHELTERS

Schools are required to bring sturdy shade shelters (which can be secured safely to the ground) for their students to protect them from inclement weather.

Warm clothing & wet weather gear will be required as the wind can be very fierce at the venue.

## SUPERVISION

- Please ensure students are supervised at all times
- Students are to remain seated with their school whilst not competing.
- **Ball games ARE NOT** permitted at the venue.

## COMPETITOR DRESS CODE

- Students must compete in **approved school/zone sports uniform**
- Shoes must be worn at all times
- Bicycle pants/skins may be worn only if they are **approved by their school** and are the same colour as their sports uniform or black or navy
- Competitors must start & finish an event in the correct attire
- **IPods/headphones are not permitted on the course**
- Metal spikes are NOT allowed

## CSSA CODE OF CONDUCT

- Please ensure **competitors & parents** are aware of the CSSA Code of Conduct.

## 1<sup>st</sup> AID

- Schools are responsible for their own basic first aid
- 1<sup>st</sup> Aid Officials will be in attendance for more serious injuries
- Asthmatics must carry their medication at all times
- Competitors are to be well hydrated before & after their event
- Competitors should not eat heavy food prior to their event

## SCHOOL DUTIES

School duties last up to 3 hours

- Primary Duty 8:30am – 11:30am
- Secondary Duty 12:00am – 3:00pm

School Officials can be parents or teachers. All officials **MUST** have a “Working with Children Check” – schools are responsible to confirm WWCC

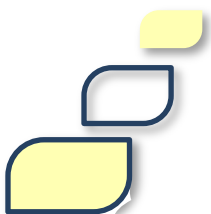
### School Officials need to bring

- **Mobile Phone** – contact 1<sup>st</sup> Aid in case of an emergency
- **Water bottle + snack**
- **Wet Weather/Sun protection**

A chair will be provided for officials on the course

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## COMPETITOR BIBS

**Primary Team Managers** are to collect their **COMPETITOR RACE PACKS** (Race Number/Electronic Tag) from the Recording Area by **8.30am**

**Secondary Team Managers** are to collect their **COMPETITOR RACE PACKS** (Race Number/Electronic Tag) from the Recording Area by **12.00pm**.

Students **CANNOT compete** without a **Competitor Race Number** as it contains an electronic tag which records their time & place as they cross the finish line

## RESULTS

Results will be published live via the **Multisport Australia** website  
<https://www.multisportaustralia.com.au/races>

It is the responsibility of team managers to check these results and alert the recording team of any issues immediately. This is essential as the CIS team is determined from the final results. Only nominated team managers are permitted in the recording area.

## AWARDS

Presentations will be made directly after each event

### Individual

Trophies will be awarded to **1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place** in each event  
Certificates will be awarded for 1st to 5th place in each event

### Team

Medals will be awarded to each member of the winning team in each event  
Certificates will be awarded to each member of the team that places 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>

**Team scores** are calculated by adding the places of all **4 competitors** in each team. The winning team is the one with the **LEAST** amount of points.  
Schools must have 4 competitors to be eligible for the teams event.

## CIS QUALIFICATION

### CIS Member schools only

The **Top 10 INDIVIDUALS** and **1<sup>st</sup> placed TEAM** in each event will qualify to represent CSSA at the CIS X-Country Championships which will be held on Thursday 6 June 2024 at the Sydney International Equestrian Centre.

## CSSA UNIFORM

All CSSA competitors **MUST** purchase a CSSA Rep Singlet to compete at the CIS X-Country Championships

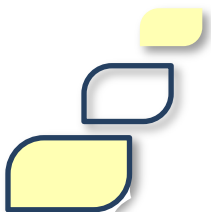
The CSSA Rep Singlet can be purchased from the uniform tent for \$45 at the CSSA State X-Country Carnival. If a student cannot purchase a singlet they **MUST** order one on-line via the CSSA website: [www.cssa.net.au](http://www.cssa.net.au)

If you have any questions please do not hesitate to contact me.

Linda Heslehurst  
CSSA Executive Officer

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## CSSA State Cross Country Program 2024

Sydney International Equestrian Centre

Friday 31 May 2024

Races WILL NOT be put on hold for competitors running late or buses caught in traffic: Please ensure ample travelling time is allocated. **Marshalling of events will take place 15 minutes prior to programmed time**  
Asthmatics must carry their medication at all times.

### Primary Program of Events

7:30am Gates open Submit late changes by 8:30am at Recording Room

#### Primary

8:30am Primary Officials report to RECORDING ROOM

8:40am Open in Prayer

8:45am Marshalling for Primary Multi-class Athletes

9:00am Primary Multi-class Girls & Boys 2km

9:15am 8/9 years Girls 2km

9:30am 8/9 years Boys 2km

9:45am 10 years Girls 2km

10:00am 10 years Boys 2km

10:15am 11 years Girls 3km

10:30am 11 years Boys 3km

10:45am 12/13 years Girls (Primary Only) 3km

11:00am 12/13 years Boys (Primary Only) 3km

11:30am Course Closed

### Secondary Program of Events

11:30am Submit late changes by 12:15pm at Recording Room

12:00pm Secondary Officials report to RECORDING ROOM

12:15pm Marshalling Secondary Multi-class Athletes

12:30pm Secondary Multi-class Girls & Boys 3 km

12:45pm \*17yrs and 18+ years Girls 4 km

12:55pm \*17yrs and 18+ years Boys 6 km

*\*Note: 17yrs & 18+yr old competitors will race together, however results will be recorded in separate age groups*

1:05pm 16 years Girls 4 km

1:15pm 16 years Boys 6 km

1:30pm 15 years Girls 4 km

1:45pm 15 years Boys 4 km

1:55pm 14 years Girls 4 km

2:10pm 14 years Boys 4 km

2:20pm 13 years Girls 3 km

2:30pm 13 years Boys 3 km

2:40pm 12 years Girls (Secondary Only) 3 km

2:50pm 12 years Boys (Secondary Only) 3 km

3:15pm Clean Up Spectator Area & Close of Carnival

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